

Local Food Sources

A Tucson Resource Guide



Farmers Markets

Tuesday 8am-12pm: Community Food Bank, 3003 S. Country Club Road

Thursday 3-7pm (depending on season): Santa Cruz Farmers Market, NE corner Speedway & Riverview

Saturday 8am-1pm (depending on season): St. Philip's Plaza, 4380 N. Campbell Ave.

Many more farmers markets in Tucson and throughout Arizona can be found at:
http://www.foodconnect.org/farmers_markets/locator.asp

Organizations

Community Food Bank: 3003 S. Country Club Rd # 221; (520) 622-0525

Offers help with home gardening by providing educational workshops, compost, seeds, & starter plants.

Desert Harvesters: www.desertharvesters.org; hammermill@desertharvesters.org

Encourage production and consumption of native Sonoran desert food; grinds mesquite pods into flour.

Native Seeds / Search: 3061 N. Campbell Ave; (520) 622-5561; www.nativeseeds.org

Provide seeds and sells food products to promote the use of ancient crops and their wild relatives.

Community Gardens of Tucson: (520) 795-8823; www.communitygardensoftucson.org

Individuals can use a 3 x 20-foot space to grow produce for a \$15/month irrigation and tool charge.

Tucson Organic Gardeners: (520) 670-9158; www.tucsonorganicgardeners.org

Offer social and educational workshops for people who practice organic gardening to share ideas.

Grocery Stores

Aqua Vita: 2801 N Country Club Rd; (520) 293-7770

Food Conspiracy Coop: 412 N 4th Ave; (520) 624-4821

Community Supported Agriculture (CSAs)

CSA members invest in a share of a farm's produce and pick up their portion of the yield each week.

Sleeping Frog Farms CSA: (520)638-7692; www.sleepingfrogfarms.com; sleepingfrogfarms@gmail.com

River Road Gardens CSA: (520) 780-9125; www.riverroadgardens.com; CSAinfo@riverroadgardens.com

Tucson Community Supported Agriculture: (520) 203-1010; www.tucsoncsa.org

Offer produce, goat cheese, grass-fed meat, and bread shares; wheat berry milling.

Avalon Organic Gardens: (520) 603-9932; avalongardens.org; csa@avalongardens.org

Produce and grass-fed beef shares